APRIL: LIST THE PARTS OF PLANTS YOU EAT

Berkeley Hort's 100th Anniversary
KID'S PASSPORT activity

Everyday we eat lots of plants. Use the chart below to keep track for a week. You'll be amazed at how many parts you eat!

Food item	Type	flower	seed	sprout	root	stem	leaf
some examples: Oatmeal	*grain*		✓				
Swiss Chard	*vegetable*					✓	✓